Key papers for topic familiarity:

*Research goals of the interview:*

*Identify current self-care intervention techniques and their delivery*

*The perceived costs and benefits of the interventions*

*The perceived health outcomes from the interventions*

1. McAnuff J, Brooks R, Duff C, Quinn M, Marshall J, Kolehmainen N. Improving participation outcomes and interventions in neurodisability: co‐designing future research. Child: care, health and development. 2017;43(2):298-306.

2. Allard A, Fellowes A, Shilling V, Janssens A, Beresford B, Morris C. Key health outcomes for children and young people with neurodisability: qualitative research with young people and parents. BMJ open. 2014;4(4):e004611.

3. Beresford BA, Clarke S, Maddison JR. Therapy interventions for children with neurodisability: a qualitative scoping study of current practice and perceived research needs. Health Technology Assessment. 2018.

4. Law J, Zeng B, Lindsay G, Beecham J. Cost‐effectiveness of interventions for children with speech, language and communication needs (SLCN): a review using the Drummond and Jefferson (1996)‘Referee's Checklist’. International journal of language & communication disorders. 2012;47(1):1-10.

**Preliminaries:**

* Set up audio and visual equipment for recording the interview and playing back the recorded video of therapy contact.
* Thanks for agreeing to take part
* Introduce self and purpose of interview, talk through PIS
* Explain confidentiality and GDPR information
* Any questions?
* Consent processes and record consent
* Turn on recorder

*“Self-care is the tasks that a child does to look after themselves, or it can be the child making decisions about these tasks. This interview is to explore intervention(s) for self-care. First, I will ask you tell me a little bit more about interventions for self-care, and then we’ll look at a short video from one of your recent therapy appointments and think more specifically about the therapy interventions you used.”*

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| **Interview questions and suggested further prompts** | **Theoretical construct** |
| *Q1: “Can you just briefly give me an overview of the interventions you commonly use to support children’s self-care – thinking about both the tasks and decision making – and what your views are about them?”* | Building rapport  Contextual descriptions |

* Play video of selected intervention, intervention technique or observed intervention mechanism to the therapist.

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| **Interview questions and prompts** | **Theoretical construct** |
| Q2: *“Can you tell me more about what’s happening here?” What is your experience of using this intervention? What factors fed into your decision to do it this way, instead of another way?*  Suggested prompts:   * Elaborate on intervention/technique/mechanism * Identify the frequency with which the intervention/technique/mechanism is used for self-care * Descriptions of any variations   Q2.1: “*What do you think happens as a result of that? What comes out of it? What are the consequences or results? Good or bad? Advantages or disadvantages?*  Suggested prompts:   * Concrete examples of costs * Examples of outcomes   Q2.2. *Was that session a typical example of the self-care support your provide? What other things have been done (who did what, when, where, how)? What were the consequences of those things?*  *Q3: “Is there anything else related to the intervention that you think is important for us to know?”* | Behaviour change technique and/or function  Beliefs about consequences |

Thank you for taking part.

**CLOSE**