Key papers for topic familiarity:

*Purpose of the interview:*

*Identify current self-care intervention techniques and their delivery*

*The perceived costs and benefits of the interventions*

*The perceived health outcomes from the interventions*

1. Allard A, Fellowes A, Shilling V, Janssens A, Beresford B, Morris C. Key health outcomes for children and young people with neurodisability: qualitative research with young people and parents. BMJ open. 2014;4(4):e004611.

2. McAnuff J, Brooks R, Duff C, Quinn M, Marshall J, Kolehmainen N. Improving participation outcomes and interventions in neurodisability: co‐designing future research. Child: care, health and development. 2017;43(2):298-306.

3. Beresford BA, Clarke S, Maddison JR. Therapy interventions for children with neurodisability: a qualitative scoping study of current practice and perceived research needs. Health Technology Assessment. 2018.

4. Law J, Zeng B, Lindsay G, Beecham J. Cost‐effectiveness of interventions for children with speech, language and communication needs (SLCN): a review using the Drummond and Jefferson (1996)‘Referee's Checklist’. International journal of language & communication disorders. 2012;47(1):1-10.

**Preliminaries:**

* Set up audio and visual equipment for recording the interview and playing back a two-minute section of the video recorded therapy contact
* Thanks for agreeing to take part
* Introduce self and project, talk through PIS
* Explain confidentiality and GDPR information
* Provide an opportunity to ask questions
* Review consent form
* Turn on recorder

*“This interview is to explore interventions for your child’s self-care. Self-care can be the tasks that your child does to look after themselves or It can also be your child making decisions about these tasks that are done for them or with them. At this interview, I will first ask you tell me a little bit more about your child’s self-care, and we’ll then look at a short video from your recent therapy appointment and think more specifically about the therapy interventions your child has received.*

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| **Interview questions and suggested further prompts** | **Theoretical construct**  |
| *Q1: “Can you just briefly give me an overview of where your child is with his/her self-care – thinking about both the tasks and decision making – and what your views are on it?”* | Building rapportContextual descriptions |

*At a recent appointment, your therapist provided interventions and support to help your child with self-care. I’m going to play back a couple of minutes of video from that appointment.”*

* Play video

|  |  |
| --- | --- |
| **Interview questions and suggested further prompts** | **Theoretical construct**  |
| *Q2. So that was a little snippet of one session. Can you reflect on that, and tell me what in your view happened at that session? What was your experience of what happened?* Suggested prompts:* Descriptions of any variations
* Descriptions of how the interventions have been delivered: who, what, when, where
* Intentional or unintentional outcomes

*Q2.1: Did anything happen as a result of that? Did anything come out of it? Were there any consequences or results? Good or bad? Advantages or disadvantages?**Q2.2: Was that session a typical example of self-care support your child has received from their therapist(s)? What other things have been done (who did what, when, where, how)? What were the consequences of those things?**Q3 “Is there anything else related to the intervention(s) that you think is important for us to know?”* | Behaviour change techniques and/or function, modes of deliveryBeliefs about consequences |

Thank you for taking part.

**CLOSE**