

HOW SHOULD I WEAR THE 'MOVEMENT SENSOR'?

1. Put it next to your child's bed.



2. When your child wakes up, put the belt on.

The sensor works the best if you put it on the side of your body.

Wear it for the whole day.



3. If you go swimming, take it off.

Put it back on straight after swimming.



You can wear it playing on the beach.
It does not matter if it gets a little bit wet.

4. When your child goes to sleep, put it next to their bed.



Try not to carry the sensor in your bag or your pocket. Always have it on your child!