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**ABC-PALS Project**

**Information for Speech and Language Therapists**

**Applying the Behaviour Change Technique Taxonomy to Parent-Led Language Interventions**

A Research Project by

**Ms. Sarah Atkinson**

Speech and Language Therapist &

PhD Student Newcastle University

**Dr. Helen Stringer**

Specialist Speech and Language Therapist

Newcastle University

**Dr. Carolyn Letts**

Specialist Speech and Language Therapist

****Newcastle University

A NINE-DTP funded scholarship

**Dear participant,**

Northumbria Healthcare NHS Foundation Trust (NHFT) has agreed to take part in the ABC-PALS project. We would like to observe you as a Speech and Language Therapist during a training session with a parent and their preschool child. Before you make up your mind about whether you want your session to be observed, it is important that you understand what the research is about and what it will involve. Please read the following information carefully. Please ask if there is anything that is not clear or if you would like more information.

**What is the ABC-PALS project about?**

Lots of young children need extra support to learn to talk and understand what is said to them. Speech and language therapists work closely with parents to help them talk and play with their children in the best way to support language development. This is called Parent-Child Interaction (PCI) therapy. PCI therapy is known to be successful but we don’t know what exactly Speech and Language Therapists do to deliver it. In Phase 1 of ABC-PALS, we want to observe what Speech and Language Therapists do when they work with parents of preschool children to deliver PCI therapy.

**Why have you been invited?**

You are a Speech and Language Therapist who is adept at working with parents, and do this as part of your everyday job. Three therapists and three parents and their children will take part.

**Do you have to take part?**

Itis up to you to decide whether or not you take part. If you do decide to take part, you will be given this information sheet to keep and be asked to sign a consent form. If you decide to take part you are still free to withdraw at any time and without giving a reason.

Applying the Behaviour Change Technique Taxonomy to Parent-Led Language Interventions (ABC-PALS project) IRAS Ref: 236742 Phase Information Sheet – Therapist v2 24th June 2019

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**If you have a complaint about the project**

If you have a concern about any aspect of this project, you can speak to Sarah or Helen who will do their best to answer your questions. If you remain unhappy and wish to complain formally, you can do this through the NHS Complaints Procedure. Details can be obtained from Northumbria Healthcare NHS Trust (0191 203 1340).

**If you want more information please contact Sarah Atkinson or Helen Stringer**

**Ms. Sarah Atkinson**

Telephone/Text: 07860 310 568

Email: [s.atkinson2@ncl.ac.uk](mailto:s.atkinson2@ncl.ac.uk)

**Dr. Helen Stringer**

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Email: [helen.stringer@ncl.ac.uk](mailto:helen.stringer@ncl.ac.uk)

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**What about GDPR?**

NHFT is the sponsor for this study. Sarah and NHFT will act as the data controller for this study. This means that NHFT is responsible for looking after your information and using it properly.

Your rights to access, change or move your non-identifiable information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the non-identifiable information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible throughout the study. You can find out more about how we use your information by contacting Sarah Atkinson on the details given overleaf.

NHFT will use your name and contact details to contact you about the research study, and make sure that relevant information about the study is recorded, and to oversee the quality of ABC-PALS. Individuals from NHFT and regulatory organisations may look at your research records to check the accuracy of the research study. The only people in NHFT other than Sarah who will have access to information that identifies you, will be people who audit the data collection process. **The people who analyse the information will not be able to identify you and will not be able to find out your name or contact details.**

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**What about confidentiality?**

You will be assigned an ID number which will be used in place of your personal details on any data held. None of your information will be noted down, except your consent form, agreeing to be part of the study. One copy of this form will be given to you, and the other will be kept in a locked filing cabinet in a secure room at Newcastle University. Identifiable information will be destroyed at the end of the study. Non-identifiable information will be destroyed within 3 years of the end of the study (2025).

**What will happen?**

Sarah Atkinson, a Speech and Language Therapist and lead researcher of the ABC-PALS project, will observe one appointment with a parent and their child with language difficulty/delay. Sarah will note down what you do and say when working with the parent. She will discuss this with you after the appointment.

**What are the benefits to you?**

As a ‘thank you’ for taking part in the project, you will receive a gift of £10 voucher for Amazon.

**What will happen to the results of the research project?**

Sarah will write up the whole project as her PhD thesis. ABC-PALS will also be published in speech and language therapy journals. If you would like, we will send you a copy of the ABC-PALS report.

**Additional information**

This project has been given approval by Newcastle University Research Ethics Committee, the NHS Health Research Authority [#236742], the NHS North East Tyne & Wear South Research Ethics Committee on 13th June 2019 and the Research and Development Department of Northumbria Healthcare NHS Foundation Trust.

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